

# December 2023 Elementary Breakfast

Menu is subject to change.



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**

Donut w/ Frosting

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**5**

Cinna Minis

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk -8oz

**6**

Breakfast Pizza

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk -8oz

**7**

Mini Blueberry Waffles

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk -8oz

**1**

**NO SCHOOL**

Parent/Teacher  
Conferences

**8**

Pancakes w/Syrup

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**11**

Donut w/ Frosting

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**12**

French Toast Sticks

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**13**

Bagel Breakfast  
Sandwich w/Egg & Cheese

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**14**

Apple Frudel

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**15**

Blueberry Muffin  
w/4oz Yogurt

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**18**

Mini Maple Chip Waffles

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**19**

Cinna Minis

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk -8oz

**20**

Breakfast Pizza

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**21**

Waffle Mini  
Maple Madness

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**22**

Chocolate Chip Muffin  
w/4oz Yogurt

100% Fruit Juice ½ Cup  
or  
Prepared Fruit ½ Cup  
Milk-8oz

**25**

**26**



**27**



**28**



**29**



If your son/daughter has a particular food allergy, please contact the school nurse and the food service office via email at [vera.spurrier@gmail.com](mailto:vera.spurrier@gmail.com)

Breakfast Options Daily:

**Assorted Cereal 2oz (2G)**

Offered with all Breakfasts

\*Daily Selection of Fresh &  
Prepared Fruit or 100% Juice -1/2 cup  
servings may take 1 cup

\*NY State Non-Fat Milk 8oz



Children who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight

This institution is an equal opportunity provider and employer.

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